



Midwest Foods Market Order Form

***Minimum \$50 order. FREE delivery. Dubbo area.**

Order by 1pm for same day delivery Mon-Fri

Order by 4pm Friday for delivery Saturday

Email: sales@midwestfoods.com.au

Phone: **6800 2100**

Fax: **6800 2111**

Essentials Shopping List

RECENTLY ADDED HIGHLIGHTED IN GREEN

CATEGORY	CODE	BRAND	PRODUCT	PRICE	QTY
BAKING					
	MA-10014	Manildra Flour	Manildra Plain Flour 12.5kg	\$ 20.74	
	MA-10211	Manildra Flour	Manildra Self Raising Flour 12.5kg	\$ 22.76	
	YE05	MOI	Dry Yeast 500g	\$ 4.14	
BEVERAGES					
	NE-102295	Nestles	Nescafe Blend 43 Coffee 1kg	\$ 53.30	
	BU-67821649	Bushell's	Bushell's Blue Label Envelope Tea Bags 1200	\$ 71.61	
	NE-102296	Nestles	Milo 1.9kg	\$ 35.17	
	COKE30	Coca Cola	Coca Cola Cans 375ml x 30	\$ 37.40	
	COKED30	Coca Cola	Coca Cola Diet Cans 375ml x 30	\$ 37.40	
	CO-NS375	Coca Cola	Coca Cola No Sugar Cans 375ml x 30	\$ 37.40	
	SC-LEMON	Schweppes	Schweppes Lemonade Cans 375ml x 24	\$ 33.00	
	BGB	Bundaberg	Bundaberg Ginger Beer Stubbies 375ml x 24	\$ 38.50	
	BDGB	Bundaberg	Bundaberg Ginger Beer Diet Stubbies 375ml x 12	\$ 23.10	
	RBULL	Red Bull	Red Bull Cans 250ml x 24	\$ 52.80	
	MV-M305805	Macquarie Valley	Orange Nectar Drink - 500ml x 8	\$ 16.06	
	MV-MROS43L	Macquarie Valley	Orange Juice No Added Sugar 3 litre	\$ 8.68	
	MV-MRPS62L	Macquarie Valley	Pineapple Juice 2 litre	\$ 5.42	
	MV-MRAS62L	Macquarie Valley	Apple Juice 2 litre	\$ 6.04	
	MV-M25SS62L	Macquarie Valley	Orange & Passionfruit drink 2 litre	\$ 4.18	
	RB-473M	Red Bull	Red Bull Cans 473ml x 12	\$ 50.60	
BISCUITS					
	AR-300169	Arnott's	Milk Coffee biscuits 250g	\$ 2.77	
	AR-162710	Arnott's	Monte Carlo Biscuits 250g	\$ 3.55	
	AR-141912	Arnott's	Nice Biscuits 250g	\$ 2.77	
	AR-500152	Arnott's	Salada Biscuits 250g	\$ 3.81	
	AR-983534	Arnott's	Scotch Finger Biscuits 250g	\$ 3.55	
BREAD					
	TI-9326	Tip Top	Super Thick Texas White Bread (frozen) 700gx6	\$ 23.82	
	BREADSLICED	Early Rise	White Sliced Bread 700g	\$ 4.18	
	BREADMG	Early Rise	Multigrain Sliced Bread 700g	\$ 4.33	
CANNED FRUIT & VEG / OTHER					
	SPBB220	SPC	Baked Beans Gluten Free 220g	\$ 1.74	
	EDBB3	SPC	Baked Beans Gluten Free 3kg	\$ 10.99	
	SPS220	SPC	Spaghetti Tomato & Cheese 220g	\$ 1.76	
	EDSA10	SPC	Spaghetti Tomato & Cheese 3kg	\$ 11.20	
	KN-21042070	Knorr	Napolitana Pasta Sauce Bottle 1.95kg	\$ 15.04	
	SPDT3	SPC	Diced Tomatoes 2.95kg	\$ 11.95	
	GC-493	Golden Circle	Sliced Beetroot 850g	\$ 3.97	
	SP-01206480906	SPC	Two Fruits 825g	\$ 5.56	
	LE-01692	Leggo's	Tomato Paste 500g	\$ 4.27	
	SH-OCC	Sandhurst	Coconut Cream 400g	\$ 1.79	
	SH-COCC400	Sandhurst	Coconut Milk 400ml	\$ 1.65	
	GC-461	Golden Circle	Pineapple Slices in Syrup 850g	\$ 6.73	
	SP-12044	SPC	Fruit Salad in Juice 825g	\$ 5.56	
	SPAH8	SPC	Apricots halved in juice 825g	\$ 5.56	
	ED-42703	Edgell's	Sliced Mushroom in Butter Sauce 410g	\$ 2.44	

CHICKEN PRODUCTS					
	IN-55538	Inghams	Flame Grilled Chicken Breast 1kg	\$	18.30
	IN-55525	Inghams	Chicken Chipees Tempura 1kg	\$	16.79
	IN-9810	Inghams	Diced Chicken Meat Gluten Free 1kg	\$	19.45
	IN-55613	Inghams	Chicken Medallion Teriyaki 1kg	\$	18.20
	ST-56282	Steggles	Nuggets Crumbed Premium 1kg	\$	15.86
	ST-56754	Steggles	Nuggets Tempura Dinosnacks 1kg	\$	16.07
	ST-56357	Steggles	Chicken Wing Things Nibbles Oven Roasted 1kg	\$	16.65
	ST-56281	Steggles	Chicken Wedges 1kg	\$	14.25
	ST-56369	Steggles	Chicken Breast Schnitzels 100g x 10	\$	17.50
	IN-20540	Inghams	Chicken Devil Wing Dings 1kg	\$	12.25
	CH-75173	Chiko	Chicken & Garlic Balls 1kg	\$	16.44
	ST-54124	Steggles	Classic Chicken Crumbed Tenders 1kg	\$	16.78
	ST-56411	Steggles	Sweet Chilli Chicken Tenders 1kg	\$	15.89
	IN-20555	Inghams	Salt & Vinegar Chicken Tenders 1kg	\$	18.80
	IN-55612	Inghams	Honey Sesame Chicken Medallions 1kg	\$	21.31
	IN-55612	Inghams	Marinated Chicken Buffalo Wings 1.5kg	\$	24.95
	ST-56383	Steggles	Tempura Chicken Pops 1kg	\$	17.73
	IN-55652	Inghams	Southern Style PopÉm Chicken 1kg	\$	17.91
CLEANING PRODUCTS					
	CW-3331005	Polo Citrus	Bleach 5L	\$	9.72
	CA-WIPEHDL	Prime Source	Blue Wipes Heavy Duty Roll 30cm x 45m	\$	18.76
	CA-C-GV000(1/2/	Capri	Gloves Vinyl Powdered x 100 (Sml, Med, Lrg)	\$	6.96
	CW-3341015	Countrywide	Washing Powder 15kg	\$	34.62
	CW-3208005	Countrywide	Floor & Tile Cleaner 5L	\$	23.47
	RAIDOL	Raid	Fly and Insect Killer Spray Odourless 400g	\$	8.60
CONDIMENTS & SAUCES					
	NE-12028303	Maggie	Rich Brown Gravy 2kg	\$	26.50
	GA-CHSA30	Galaxy	Chicken Salt 800g	\$	9.09
	SA-110789	Saxa	Table Salt 750g	\$	3.83
	CS-40378	CSR	Brown Sugar 1kg	\$	4.28
	CS-30276	CSR	Caster Sugar 1kg	\$	2.99
	CS-30140	CSR	Sugar White 15kg	\$	23.40
	ED-I01090	Edellyn	White Vinegar 4L	\$	6.97
	ST-1001620	Sunshine	Lemon Juice 1L	\$	3.56
	MF-157112	Masterfoods	BBQ Sauce 4L	\$	15.99
	MF-157850	Masterfoods	BBQ Sauce Squeeze Bottle 500ml	\$	3.58
	MF-294532	Masterfoods	American Mustard Squeezy 250ml	\$	3.86
	MF-348137	Masterfoods	Tomato Sauces 4L	\$	10.95
	MF-100179	Masterfoods	Tomato Sauce 500ml	\$	3.47
	BW-CADR	Birch & Waite	Caesar Dressing Squeezy 1 litre	\$	11.12
	BW-AGMA	Birch & Waite	Garlic Mayonnaise/Aioli 1 litre	\$	12.95
	BW-MAY01	Birch & Waite	Whole Egg Mayonnaise 1 litre	\$	10.66
	BW-WADR	Birch & Waite	Japanese Style Dressing 1 litre.	\$	11.12
	GD-20299244	Garde 'd Or	Bearnaise Sauce 1L	\$	11.95
	GD-20205661	Garde 'd Or	Hollandaise Sauce 1L	\$	11.95
	KN-61032920	Pataks	Butter Chicken Meal Sauce 2.2L	\$	19.44
	LK-ISSLKK500	Lee Kum Kee	Superior Light Soy Sauce 500ml	\$	4.71
	SSS	ABC	Sweet Soy Kecap Manis 625ml	\$	4.32
DESSERTS					
	SL-8201	Sara Lee	Banana Tray Cake 1.8kg	\$	28.60
	SL-8203	Sara Lee	Chocolate Tray Cake 1.8kg	\$	28.60
	SL-8204	Sara Lee	Carrot Tray Cake 2.25kg	\$	35.20
	SH-STIMTAM	Sweet Hearts	Chocolate Cream Tim Tam Slice x 10	\$	25.30
	BU-1011	Bulla	Vanilla Ice Cream (Gluten free) 5L	\$	16.50
	SICBRV2	Streets	Blue Ribbon Vanilla Ice Cream 2 litre	\$	6.35
	Ice	Foster Clark's	Custard UHT 1L	\$	3.99
FISH PRODUCTS					
	Ice	Kailis Bros.	Crunchy Battered Whiting 70gx15 1kg	\$	16.13
	AT-TEMP33	A&T Trading	Alaskan Pollock Tempura Fish Cocktails 1kg	\$	11.99
	UNCFW1	Just Caught	Crumbed Whiting 1kg	\$	11.98
	PW-8003	Pacific West	Salt & Pepper Squid 1kg	\$	21.35
	AT-CRS8	A&T Trading	Large Crumbed Calamari Rings 1kg	\$	12.65

FROZEN MEALS				
	HA-3521	Hakka	Fried Rice Gluten Free 2kg	\$ 21.00
	7S-71201	7-Star	Beef Lasagne 2.1kg	\$ 14.95
	7S-71200	7-Star	Beef Stroganoff 1.3kg	\$ 23.04
	7S-71465	7-Star	Potato Bake 2.6kg	\$ 25.15
	CF-07457	Colonial Farm	Flame Grilled Meatballs 1kg	\$ 12.94
	7S-71199	7-Star	Butter Chicken 1.3kg	\$ 23.04
	7S-71255	7-Star	Curried Prawns 1.3kg	\$ 23.17
	AN-72361	Angel Bay	Cooked Beef Burger Patties 120gx20	\$ 32.53
FROZEN VEG				
	MC-2254	McCain	Seasoned Potato Wedges 2kg	\$ 9.31
	ED-42033	Edgell's	Beans Carrot Corn Mix 2kg	\$ 8.95
	ED-40107	Edgell's	Beans Cross Cut 2kg	\$ 8.65
	ED-42096	Edgell's	Broccoli 1.5kg	\$ 10.50
	ED-42185	Edgell's	Vegetable Buffet Mix 2kg	\$ 11.25
	ED-42034	Edgell's	Carrot, Cauliflower & Broccoli Mix 2kg	\$ 9.35
	ED-40230	Edgell's	Cauliflower 2kg	\$ 9.90
	ED-42191	Edgell's	Corn Cob Mini Ready to Roast 2kg	\$ 10.45
	EDCK	Edgell's	Corn Kernels 2kg	\$ 8.05
	ED-40259	Edgell's	Mixed Diced Vegetables 2kg	\$ 6.95
	ED-42167	Edgell's	Vegetable Panache Mix 1.5kg	\$ 8.89
	ED-40009	Edgell's	Peas 2kg	\$ 6.95
	SFO	Simped	Diced Onion 2kg	\$ 8.99
	SFOS	Simped	Sliced Onion 1.5kg	\$ 6.99
	MC-2510	McCain	Oval Hash Browns	\$ 8.99
	ED-12475	Edgell's	Avocado Pulp Chunky	\$ 7.95
	MC-2513	McCain	Hash Brown Nuggets 2kg	\$ 8.11
FRESH FRUIT & VEG				
	MUUD1KG	Markets	Large tomatoes 1kg	\$ 5.95
	MUDAGS1KG	Markets	Granny Smith Apples 1kg	\$ 4.30
	MUDARD1KG	Markets	Red Delicious Apples 1kg	\$ 4.30
	MUDO3KG	Markets	Oranges 3kg	\$ 8.50
	MUDC1KG	Markets	Carrots 1kg	\$ 3.99
	MUDO1KG	Markets	Brown Onions 1kg	\$ 2.80
	MUDOS1KG	Markets	Spanish Onions 1kg	\$ 2.80
	MUDPB5KG	Markets	Brushed Potatoes 5kg	\$ 13.80
LOLLIES/SWEETS				
	AL-12126356	Allen's	Fantales 1kg	\$ 15.71
	AL-12126357	Allen's	Freckles 1kg	\$ 15.72
	AL-12126358	Allen's	Jaffa's 1kg	\$ 15.72
	AL-109093	Allen's	Chico's 1.3kg	\$ 13.59
	AL-109108	Allen's	Snakes Alive 1.3kg	\$ 13.95
	AL-109099	Allen's	Party Mix 1.3kg	\$ 13.95
	AL-100214	Allen's	Jelly Beans 1kg	\$ 11.20
MEATS & SMALLGOODS				
	KR-82441	KR Castlemaine	Pansize Bacon 250g	\$ 5.21
	PR-52633	Primo	Bacon Rashers Middle Rindless Gluten Free 2.5kg	\$ 32.00
	PR-6497	Primo	Cocktail Frankfurts Gluten Free (approx. 2.5kg/bag)	\$8.49/kg
	KR-91421	KR Castlemaine	Premium Shaved Leg Ham 1kg	\$ 16.64
	PR-6919	Primo	Devon Roll 3kg	\$ 19.95
	RMCRYG 3.5-4.5	Beef	Yearling Whole Cube Roll (approx. 3.5-4.8kg)	\$24.95/kg
	FL-W507	Lamb	Lamb Leg Boned & Rolled (approx. 2kg)	\$16.70/kg
	KR-43834	KR Castlemaine	Pepperoni Knob 200g	\$ 6.33
	KR-43837	KR Castlemaine	Danish Salami Knob 100g	\$ 6.30
	KR-91881	KR Castlemaine	Pepperoni Sliced 1kg	\$ 21.49
	TC-RCBSL	Tender Choice	Oven Roasted Breast Sliced 1kg	\$ 18.90
	BC-371100	Pork	Full Leg Pork Rolled Bonesless Rind On (approx. 5.5kg)	\$12.95/kg
	KR-79766	KR Castlemaine	Thin Frankfurts Skin On 2.5kg	\$ 19.95
MILKS / DAIRY / EGGS				
	PF-ECFSCG12600	Pace Farms	EGGS 600g 1 Dozen	\$ 3.65
	LCM2L	Little Big Dairy	Less Cream Milk 2L	\$ 4.45
	FCM2L	Little Big Dairy	Full Cream Milk 2L	\$ 4.45
	ML-14013	Milk Lab	Milk Lab Almond Milk 1L UHT x 8	\$ 39.09
	LI-1400564	Liddell's	Milk Lactose Free Full Cream UHT 1L x 12	\$ 36.00
	MIM1	Miracle	Miracle Margarine 1kg	\$ 2.60
	AN-114405	Anchor	Full Cream Milk UHT 1L x 12	\$ 22.11
	AN-115326	Anchor	Skim Milk UHT 1Lx12	\$ 24.00
	DD-1400088	Devondale	Whole Milk UHT 200ml x 24	\$ 21.14
	UP-80322	Sanitarium	Up&Go Breakfast Milks Chocolate 250ml x 12	\$ 18.70
	BE-3001896	Bega	Cheese Slices Bega 72 slices	\$ 16.80
	ML-3001946	Mainland	Cheese Slices Tasty Cheddar 90 slices	\$ 18.95
	AN-114754	Anchor	Cooking Cream Extra Yield (chilled) UHT 1L	\$ 8.39
	WS-104075	Western Star	Salted Butter 1.5kg	\$ 23.31
	SC-6390	South Cape	Brie wheel 1kg	\$ 20.00

PASTA / RICE / CEREALS				
	BA-835065	Barilla	Farfalle Pasta 5kg	\$ 17.75
	BA-307013	Barilla	Linguine Pasta 5kg	\$ 17.75
	BA-597176	Barilla	Pappardelle Bolognesi (Tagliatelle) Pasta 250g	\$ 4.29
	BA600-073	Barilla	Penne Rigate Pasta #73 1kg	\$ 4.21
	BA328-005	Barilla	Spaghetti Pasta #5 1kg	\$ 4.21
	SA-80249	Sanitarium	Weet Bix Caterers Pack 1.125kg	\$ 7.03
	RI-1312834	Riviana	Arborio Rice 5kg	\$ 17.92
	FR-163388	Fortune	Biryani Long Grain Rice 10kg	\$ 40.87
	FR-163408	Fortune	Jasmine Long Grain Rice 10kg	\$ 39.70
SPREADS				
	KF-845166	Kraft	Vegemite 380g	\$ 8.67
	HONEY400	Johns	Honey 400ml Squeeze Bottle	\$ 7.05
	KF-800155	Kraft	Peanut Butter - Smooth 375g	\$ 5.20
SNACKS / SMALL MEALS				
	CH-76008	Chiko	Chiko Rolls 170gx12	\$ 14.73
	IN-9410	Inghams	Pizza Roundas 130g x 20	\$ 37.20
	MA-SRB	Marathon	Spring Rolls x 12	\$ 13.45
	IN-9674	Inghams	Chicken & Corn Rolls 1kg	\$ 13.53
	KQ-006	Keith's	Dagwood Dogs 125g x 20	\$ 29.95
	SR-75039534	Fantastic	Rice Crackers Original 100g	\$ 1.67
	AR-983537	Arnotts	Jatz Clix Biscuits 250g	\$ 3.09
	AR-100910	Arnotts	Water Crackers 125g	\$ 1.88
	AR-985697	Arnotts	Chocolate Ripple Biscuits 250g	\$ 3.30
	AR-141417	Arnotts	Milk Arrowroot Biscuits 250g	\$ 2.77
	AR-300169	Arnott's	Milk Coffee Biscuits 250g	\$ 2.77
	AR-141912	Arnott's	Nice Biscuits 250g	\$ 2.77
	AR-100048	Arnott's	SAO Biscuits 250g	\$ 3.70
OTHER				
	COOLERBAG	Castaway	Midwest Foods Cooler Bag	\$ 3.99
	CA-CM1000	Castaway	Clear Containers Rectangle 1000ml (175mmx120mmx70mm) x 50	\$ 9.88
	CA-CM500	Castaway	Clear Containers Rectangle 500ml (175mmx120mmx38mm) x 50	\$ 6.99
	CA-CMLID	Castaway	Clear Rectangle Lids to suit containers x 50	\$ 4.78
SUPER SALE ITEMS!				
	AN-72381	Angel Bay	Cooked Beef Burger Mini Slider Patties 40g x 20	\$ 10.00
	SH-SORAL	Sweet Hearts	Flourless Orange & Almond Slices 10 pack	\$ 15.00
	BF-11019	Balfours	Pink Iced Strawberry Donuts 4 pack	\$ 4.00
	TK-0011	Mrs Trans	Peking Duck Pancakes (pancake only) 15g x 10pk	\$ 2.00
	TK-4013GF	Mrs Trans	Prawn & Ginger Dumplings (Gluten free) 25g x 20	\$ 10.00
	TK-4016GF	Mrs Trans	Vegetable Dumplings (Gluten free) 25g x 12	\$ 4.95
	TK-0016	Mrs Trans	Vegetable Curry Samosas 30g x 12	\$ 4.95
	HA-1525	Hakka	Indian Spiced Crumbed Rice Bites 43pc	\$ 10.00

*Pricing valid as at 03/04/2020. Pricing subject to change. While stocks last. No rainchecks



FREE EGGS!

WEEKEND BREAKY PACK

- 2L Little Big Dairy Milk (Full or Less Cream)
- 2.5kg Primo Middle Bacon Rashes - Rindless
- Loaf of Early Rise Bread
- FREE dozen 600g Eggs

Only \$40!

Qty:

CUSTOMER DELIVERY & PAYMENT DETAILS	
Name:	
Delivery Address:	
Delivery instructions:	
Mobile:	
Delivery time:	Between 8am & 12pm <input type="checkbox"/> Between 1pm & 5pm <input type="checkbox"/>
Payment Details	VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/>
Name on card:	
Card Number:	
Expiry Date:	/ / CCV <input type="checkbox"/>
Signature:	<p>X_____</p> <p><i>I agree to the terms and conditions located at www.midwestfoods.com.au</i></p>